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## Head of Athletic Development

Job Type: Full Time, Permanent

Remuneration: £28,000 - £30,000 per annum - dependent on experience

Closing Date: Wednesday 13<sup>th</sup> November 2024 at 17:00

Interview Date: Week Commencing 18<sup>th</sup> November

### BACKGROUND:

Northamptonshire Cricket are offering an exciting opportunity for a motivated and driven Head of Athletic Development to join our ambitious Science and Medicine Team. Northamptonshire are one of the first-class county cricket clubs in the country, competing at the highest level across all formats.

Northamptonshire Science and Medicine department looks to provide elite performance and medicine services across all their professional and academy staff.

The departments multidisciplinary team (MDT) consists of strength and conditioning practitioners, physiotherapists, sport and exercise medicine doctors, psychologists, and nutritionists. External consultants and other specialities are also used when required.

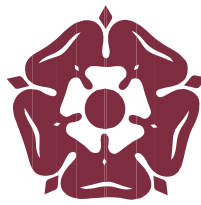
### SAFEGUARDING STATEMENT

Northamptonshire County Cricket Club is committed to safeguarding and protecting the children and young people we work with. As such, all posts are subject to a safer recruitment process, including the disclosure of criminal records and vetting checks. We ensure that we have a range of policies and procedures in place which promote safeguarding and safer working practice across our services.

### JOB PURPOSE

Optimise the physical performance of players within the Northamptonshire County Cricket Club Academy, Elite Player Pathway and National County Partners in collaboration with the Head of Physical Performance.





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Contribute to the wider development of physical preparation for Northamptonshire players from 1<sup>st</sup> team through to emerging players at National County Partners.

## KEY RESPONSIBILITIES

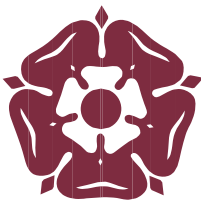
- To lead and deliver the Strength and Conditioning provision to all players within the clubs Academy and Elite Player Pathway throughout the year, incorporating various stages of the season (e.g. pre and in season).
- To assist and advise in the Strength and Conditioning provision to players involved with the clubs key National County Partners and provide delivery to these squads when available.
- Co-ordinate the delivery of other physical preparation services (e.g. nutrition, sleep, lifestyle, recovery, travel, hygiene) throughout the NCCC youth development system.
- Using researched based scientific principles, aid in the development and delivery of a physical literacy pathway in conjunction with the Head of Performance from 1<sup>st</sup> Team players through to NCP players.
- To provide 2<sup>nd</sup> XI cover throughout the season at both matches and training.
- Provide specialist S&C input as required to support injury risk reduction, injury management, rehab and return to performance and competition based on scientific evidence based research for youth development.
- Undertake physical performance testing in collaboration with the wider S&C and medical team at various stages of the season along with integrated individual monitoring to ensure the efficacy of the training programs.
- Attend and contribute towards S&C department meetings
- Contribute to the annual Sports Science and Medicine ECB Audit

## NATURE & SCOPE OF JOB

### A) JOB CONTEXT

The aim of the Northamptonshire CCC Science and Medicine department is to optimise NCCC's players availability and performance through the provision of cricket's best science and





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medicine services.

You will be expected to make a significant contribution towards the achievement of the following strategic objectives:

- Minimise the impact of injury and illness on availability and performance of all players within the clubs youth development system.
- Ensure all players achieve and maintain optimal age specific and age-related level of physical conditioning to play first class, second class and academy age group cricket.
- Ensure that daily practice is underpinned by strong evidence-based research for youth development leading to quality implementation of strategies to inform coaching plans and team performance.
- Engaging in partnership with the key stakeholders to deliver effective SS&M support.

## **B) WORKING RELATIONSHIPS**

- Head of Physical Performance
- Academy Director
- Professional Cricket Coaches
- County Partner Lead Coaches
- NCCC Age Group Coaches
- NCCC Physiotherapists
- Northampton Academy & Pathway Players
- Northampton Cricket Board (County Age Group)

## **KNOWLEDGE AND EXPERIENCE**

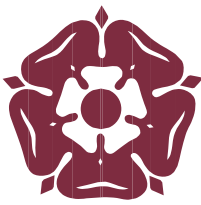
### **A) ESSENTIAL**

- Degree in the field of Sport Science or Strength & Conditioning
- UKSCA Accreditation (or working towards)
- Confident in the delivery and planning of high-quality S&C programs
- Working knowledge of Long term athlete development (LTAD)
- Basic life support qualification

## **CORE COMPETENCIES**

- Confidentiality and Discretion
- Honest and Communicative
- Teamwork





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- Motivated and Adaptability
  - Able to work autonomously

## **ESSENTIAL CERTIFICATES and CHECKS**

- Driver's License
- Disclosure Barring Service Check

## **APPLICATION:**

Please send your CV and a one side of A4 covering letter detailing why you feel you would be successful in the role of Head of Athletic Development at Northamptonshire CCC.

Send to : [HR@nccc.co.uk](mailto:HR@nccc.co.uk)

*NCCC is committed to being an equal opportunity employer. All qualified applicants will receive consideration without regard to race, colour, sexual orientation, gender identity, disability, national origin, religion, sex, and or other legally protected status*

