



HEAD OF PHYSICAL PERFORMANCE

PURPOSE OF THE JOB

Optimise the physical performance of players within the Northamptonshire County Cricket Club Professional Staff and to oversee the physical development program within the Northamptonshire County Cricket Club Academy, Elite Player Pathway and National County Partners in collaboration with the Head of Athletic Development.

Contribute to the wider development of physical preparation for all players within the Northamptonshire County Cricket Club 1st Team Squad through to emerging players at the National County Partners.

KEY RESPONSIBILITIES

To lead and deliver the strength and conditioning provision to all players within the clubs professional playing squad throughout the year, incorporating various stages of the season (e.g. pre and in season).

To lead and co-ordinate the delivery of other physical performance services (e.g. sports science, nutrition, sleep, lifestyle, recovery, travel, hygiene) to all players within the clubs professional playing squad throughout the year.

To oversee and lead the physical performance department, including the development of junior staff members.

Provide specialist S&C input as required to support injury risk reduction, injury management, rehab and return to performance and competition based on scientific evidence based research.

Using researched based scientific principles, aid in the development and delivery of a physical literacy pathway in conjunction with the Head of Athletic Development from 1st Team players through to NCP players.

To provide 1st XI cover throughout the cricket season at both matches and training.

Undertake physical performance testing in collaboration with the wider S&C and medical team at various stages of the season along with integrated individual monitoring to ensure the efficacy of the training programs.

Attend and contribute towards department meetings. Contribute to the annual Sport Science and Medicine Audit.

NATURE & SCOPE OF JOB

The aim of the Northamptonshire CCC Science and Medicine department is to optimise NCCC's players availability and performance through the provision of cricket's best science and medicine services.

You will be expected to make a significant contribution towards the achievement of the following strategic objectives:

- Minimise the impact of injury and illness on availability and performance of all players within the clubs system.
- Ensure all players achieve and maintain optimal levels of physical conditioning to play first class, second class and academy age group cricket.





- Ensure that daily practice is underpinned by strong evidence based research leading to quality implementation of strategies to inform coaching plans and team performance.
- Engaging in partnerships with the key stakeholders to deliver effective SS&M support.

KNOWLEDGE AND EXPERIENCE

A) ESSENTIAL

- Post Graduate Qualification in the field of Sport Science or Strength & Conditioning
- UKSCA Accreditation
- Basic life support qualification
- Recent and relevant experience within elite sport
- Confident in the delivery and planning of high-quality S&C programs
- Experience of using GPS and knowledge of readiness to train protocols and workload management
- Excellent communication and organisational skills
- Eligible to work in the UK with a Full UK Driving Licence
- Experience in planning and delivering progressive rehabilitation programs for injured athletes
- Excellent IT Skills

B) DESIRABLE

- ISAK Level 1 Accreditation
- Advanced life support qualification
- Cricket specific knowledge including the unique physical demands of the sport

SAFEGUARDING STATEMENT

Northamptonshire County Cricket Club is committed to safeguarding and protecting the children and young people we work with. As such, all posts are subject to a safer recruitment process, including the disclosure of criminal records and vetting checks. We ensure that we have a range of policies and procedures in place which promote safeguarding and safer working practice across our services.

THE ROLE

Job Type: Full Time, Permanent

Remuneration: Circa £40,000 per annum dependent on experience Closing

Date: Thursday 28th September 2023 @ 8pm

Interview Date: Week Commencing Monday 2nd October 2023 Proposed

Start Date: approx. 6th November 2023

To apply please send your CV and 1 Page Cover Letter to:

anne-marie.barber@nccc.co.uk

NCCC is committed to being an equal opportunity employer. All qualified applicants will receive consideration without regard to race, colour, sexual orientation, gender identity, disability, national origin, religion, sex, and or other legally protected status.

