

PERFORMANCE NUTRITIONIST

Northamptonshire County Cricket Club have an exciting opportunity for a Performance Nutritionist to join the Club's Science and Medicine team on a part time basis.

Reporting to the clubs Head of Performance, this role will provide delivery and development of high-level nutritional support to professional players at Northamptonshire County Cricket Club.

KEY RESPONSIBILITIES

Lead the performance nutrition strategy, which promotes best practice in all aspects of support to the professional playing staff.

Manage and support the nutritional strategy for individual athletes in order complement their training and match day requirements at various stages of the year e.g. pre-season v in-season.
Provide support and interventions for injured and post surgery athletes to maximise their return to play and competition.

Alongside the Head of Performance, liaise with clubs chefs and catering team to develop menus that are game and format specific and periodised to optimise team performance.

Contribute to the supplement provision at the club demonstrating an awareness of quality assurance relating to supplements, with an understanding of anti-doping and the current WADA code.

As directed by the Head of performance, provide squad presentations covering various aspects of performance nutrition to optimise both individual and team performance.

NATURE & SCOPE OF JOB

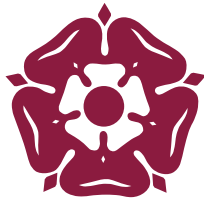
A) JOB CONTEXT

The aim of the Northamptonshire CCC Science and Medicine department is to optimise NCCC's players availability and performance through the provision of crickets best science and medicine services.

You will be expected to make a significant contribution towards the achievement of the following strategic objectives:

- Minimise the impact of injury and illness on availability and performance of the professional playing staff, through various nutritional interventions.
- Contribute to the professional playing staff achieving and maintaining optimal levels of physical conditioning to play first class and second class cricket.
- Ensure that your delivery is underpinned by strong evidence based research leading to quality implementation of nutritional strategies to inform and optimise coaching plans and team performance.





B) WORKING RELATIONSHIPS

- Head of Performance
- Head of Athletic Development
- Head of Operations
- NCCC Physiotherapists
- NCCC Coaching Staff
- Professional Playing Staff
- NCCC Catering Team
- ECB Nutrition Lead

KNOWLEDGE AND EXPERIENCE

A) ESSENTIAL

- A qualification at degree level in a relevant discipline
- Post Graduate qualification in a relevant discipline
- Recent and relevant experience within elite sport
- Excellent communication and organisational skills
- Eligible to work in the UK with a Full UK Driving Licence
- Excellent IT Skills

B) DESIRABLE

- ISAK Level 1 Accreditation
- SENR Accreditation or working towards this
- Cricket specific knowledge including the unique physical demands of the sport

THE ROLE

Job Type: Part Time, 2.5 Days per Month

Remuneration: Competitive, Depending on Experience

Closing Date: **Sunday 24th of October, 2021**

Interview Date: Week Commencing 25th October, 2021

To apply please send your CV and 1 Page Cover Letter to: chris.lorkin@nccc.co.uk

